

# **BINS PROGRAM**

(Booting Is Not Soccer)

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## **BINS PROGRAM OBJECTIVE**

BINS stands for Booting Is Not Soccer. It is a program for soccer clubs, aimed at educating parents and coaches of U-5 through U-10 players. In Mississippi soccer, these are the youngest, introductory ages of recreational programs. The BINS program's main objective is to promote and emphasize the skills of dribbling and passing and discourage the aimless booting of the ball that is all too prevalent at these young ages.

## **BENEFIT OF THE BINS PROGRAM**

1. Educate parents and coaches on the skill priorities for young players
2. Raise the skill level at the recreational level
3. Improve the skills and enjoyment of the players, regardless of ability level.
4. Provides an on-going coaching assistance program to soccer clubs and parents.

## **STEPS TO IMPLEMENT A BINS PROGRAM**

1. Appoint a Program Coordinator
2. Design the program's practice format
3. Educate coaches about the program
4. Educate parents (give them handouts and have pre-season meetings) to de-emphasize shouting "boot it" during practices and games.
5. Monitor practices and games after implementation
6. Evaluate the program

## **SKILL PRIORITIES FOR U-6 AND U-8 PLAYERS**

1. Dribbling out of pressure
2. Soft first touch
3. No booting/kicking allowed except when shooting on goal
4. Gradually introduce passing